

## Painting & Drawing the Portrait

Instructor: Mark Norseth

I'm happy to answer any questions about the recommendations I've made, so call if you need more information.

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### Recommended Supplies

For our first session, please bring what you already have. We can adjust individually from there. As our sessions progress, I will introduce students to supplies and materials that will be helpful.

### For Oil Painters

I recommend a larger sized, medium toned wooden palette. If new, rub it down with linseed oil before first using. I don't particularly recommend paper or plexi palettes

### Colors

Titanium White or Flake White  
Yellow Ochre  
Cadmium Yellow Lemon  
Light Red (not the same as cadmium red light) also referred to as English Red  
Indian Red  
Alizarin Crimson (the new Winsor Newton permanent is excellent).  
Cadmium Scarlet (or Cadmium Red Light if not available)  
Viridian  
Ultramarine Blue  
Ivory Black

### Optional and useful:

Cadmium Orange  
Cadmium Yellow Pale  
Cerulean Blue or Cobalt Blue Light

# Supplies List

A palette cup is helpful; one with a cap is best. For starters, use a turpentine substitute such as Gamsol. We will discuss mediums as becomes necessary. A good steel palette knife and a good steel painting knife are helpful, but don't purchase them yet. Also, painting rags are necessary while painting. I use cotton auto shop towels.

## Brushes

For starters, try to have a bare minimum of four natural bristle filberts, size 4 to 16. Large flat and filbert brushes are important to have a couple of, at least. I can use as many as ten brushes in a session, but you'll build up a collection over time. Some small bristle rounds are helpful, if they are of good quality. I clean my brushes using a Silacoil container, and then rinse, using soap and water.

## Canvas

We will cover this in detail in class, but for starters, a primed ready-made canvas no larger than 16x20" is fine. Gessoed panels are also good. I make these myself, and will show the class how as we progress.

## For Pastel Artists

For starting, bring what you have. Pastel sets for portraiture and figure work are built over time, as necessity dictates. One recommendation for beginners is a Nupastel set, as large as you can obtain, and build from there with softer pastels as you gain experience. Papers and surfaces for pastel are varied, but you can start with Canson Mei Teintes, in middle to dark shades. I suggest getting several sheets in different colors.

## For Draughtsmen

Bring what you use, and we will discuss it. For starting, Strathmore charcoal paper and sharpened charcoal are good, or simple pencil and paper. I recommend graphite pencils in the following hardnesses: HB 2B 4B 6B, and a pad of Strathmore Drawing paper.